

PSHE – End of Year Expectations

A child meeting the expected standard is able to identify and understand...		
Year 1&2 a	Year 1&2 b	Year 3
<ul style="list-style-type: none"> • the different ways we can cause accidents and how to prevent accidents from happening • what items may be safe or unsafe to eat or drink • the risks of making a hoax call and how our actions can affect others • how we behave with our friends and how these behaviours affect others and • how to be kind and thoughtful online and what to do if they feel bullied online • how to stay safe when crossing the road and travelling in a vehicle • recognise their own strengths and those of the people around them and how to deal with feelings of jealousy • the difference between healthy and unhealthy anger and ways to manage their anger • how to make healthy food choices and what might happen if we choose to eat too much unhealthy food • the human cycle and how our families are special and unique 	<ul style="list-style-type: none"> • how to set goals and develop the skills and strategies to achieve them • how they can help others at home and in the community and the risks of helping someone they don't know very well • what items may be safe or unsafe to play with • the dangers of playing with lighters and the risk of causing fires • how our actions and words can affect others and the benefits of kind and positive behaviours • the types of images which should not be shared online and how quickly an image can be shared • how to prevent accidents that can often be caused when rushing around • what they can do and who they can talk to if they feel worried about something • why we should wash our hands and the potential consequences of not doing so • why we should brush our teeth and the potential consequences of not doing so enough • how humans can help take care of living things both inside and outside of the home 	<ul style="list-style-type: none"> • the difference between stealing and borrowing and the emotions associated with losing a special possession • the different types of actions that could distract a driver and how children can influence an adult's decision • how they can prevent fires and what they should do if a fire starts in the home • the difference between appropriate and inappropriate touch and who they can talk to if they feel uncomfortable in a relationship • the steps they should take to keep themselves safe and the dangers of meeting someone from the internet in real life • the dangers of venturing off with people they don't know very well • the risks of falling from heights and the various dangers we may find in our homes and communities • the different feelings we can experience when we lose someone or something we loved dearly and way they can cope when grieving • why we take medicine and the dangers of taking it without a trusted adult's permission and supervision • why humans need money and the ways in which money can be used and received • the ways in which we can help look after and protect our planet

Year 4	Year 5	Year 6
<ul style="list-style-type: none"> • the importance of following rules and guidelines • the importance of removing barriers and supporting those who have physical disabilities • that sometimes relationships can be unhealthy or uncomfortable • the actions we can take if we feel like we are being bullied online • what trespassing is and the dangers of swimming in open or unknown waters • how the feeling of jealousy can arise when someone new is introduced into our friendship group • how certain foods can affect our performance • the responsibilities that they may have now and in the future 	<ul style="list-style-type: none"> • the responsibility we have if we witness someone being bullied • that some children have same sex parents • the different changes boys and girls go through during puberty • how we can be pressured into sending images and how to manage this • the distractions on the road and how our actions can cause harm to others • how we can manage our emotions when we are unable to do something we wanted • how someone can be pressurised into smoking • how they can help pay for items they would like 	<ul style="list-style-type: none"> • that taking something from a family member without asking is stealing • the importance of being inclusive and ensuring everyone's beliefs and needs are respected • how a baby is conceived and the various stages of pregnancy • the dangers of meeting people we have only spoken to online • how we can be influenced and pressured to make unsafe choices • the feelings associated with transition and starting a new school • the dangers of alcohol and how people can be affected by alcohol in different ways • about debt and paying for items through apps or games