

<b>Week 1</b> 30/10, 20/11, 11/12, 1/1 and 22/1, 12/2, 4/3 and 25/3, 15/4, 6/5	<b>Moss Side Autumn/Winter 2023</b>	<b>MONDAY</b>		<b>SUGARWISE TUESDAY</b>		<b>SUGARWISE WEDNESDAY</b>		<b>SUGARWISE THURSDAY</b>		<b>FRIDAY FAVOURITES</b>	
	<b>Choice 1</b>	Sausage and Beans	Cook's Choice of Potato	Tondo Pizza Panini	Potato Wedges Vegetables	Roast Chicken and Gravy	Roast Potatoes Vegetables	Homemade Chicken or Quorn Curry	Rice & Naan Bread	Crispy Golden Crumb Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	<b>Choice 2</b>	Marscapone Pasta	Fresh Bread	Sandwiches	Potato Wedges Vegetables	Pasta Bake	Fresh Bread	Cheese & Tomato Pasta Bake (v)	Cook's Choice of Potato Salad	Homemade Pizza Margherita (v)	Oven Baked Chips Peas
	<b>Choice 3</b>	Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Sandwiches	Homemade Crusty Bread & Salad Selection	Vegetable Fingers	Oven Baked Chips Peas
	<b>Dessert</b>	Apple Sponge and Custard	Yoghurt or Fruit Selection & Organic Milk	Lemon Cookie	Yoghurt or Fruit Selection & Organic Milk	Shortbread	Yoghurt or Fruit Selection & Organic Milk	Raspberry Buns	Fruit Selection & Organic Milk	Chocolate Brownie	Fruit Selection & Organic Milk

<b>Week 2</b> 6/11 and 27/11, 18/12, 8/1 and 29/1, 19/2, 11/3, 1/4 and 22/4, 13/5	<b>MEAT FREE MONDAY</b>	<b>SUGARWISE TUESDAY</b>		<b>SUGARWISE WEDNESDAY</b>		<b>SUGARWISE THURSDAY</b>		<b>FRIDAY FAVOURITES</b>			
	<b>Choice 1</b>	Pasta Bake	Homemade Crusty Bread & Salad Selection	Beef or Vegetable Burger in a Bun & Ketchup	Hash Browns	Roast Pork or Quorn & Gravy	Roast Potatoes Vegetables	Minced Beef or Quorn Hotpot	Cook's Choice of Potato Vegetables	Harry Ramsden's Crispy Battered Fish Fillet	Oven Baked Chips Sweet Corn
	<b>Choice 2</b>	Sausage Roll and Ketchup	Cook's Choice of Potato	Calzone Pizza	Pasta Salad	Sandwiches	Roast Potatoes Vegetables	Pasta	Fresh Bread	Homemade Pizza Margherita (v)	Oven Baked Chips Sweetcorn
	<b>Choice 3</b>	Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Vegetable Fingers	Oven Baked Chips Sweetcorn
	<b>Dessert</b>	Marble Cake	Yoghurt or Fruit Selection & Organic Milk	Shortbread	Fruit Selection & Organic Milk	Oaty Flapjack	Fruit Selection & Organic Milk	Chocolate Shortbread	Fruit Selection & Organic Milk	Jelly	Fruit Selection & Organic Milk

<b>Week 3</b> 13/11, 4/12 and 25/12, 15/1, 5/2 and 26/2, 18/3, 8/4 and 29/4, 20/5	<b>MONDAY</b>	<b>SUGARWISE TUESDAY</b>		<b>SUGARWISE WEDNESDAY</b>		<b>SUGARWISE THURSDAY</b>		<b>FRIDAY FAVOURITES</b>			
	<b>Choice 1</b>	Sausage in a Bun & Ketchup	Cook's Choice of Potatoes Beans	Vegetable or Salmon Fish Finger	Cook's Choice of Potatoes Beans	Roast Chicken and Gravy	Roast Potatoes Vegetables	Mild Beef Chilli	Rice and Vegetables	Crispy Golden Crumb Fish Fingers	Oven Baked Chips & Garden Peas
	<b>Choice 2</b>	Marscapone Pasta	Fresh Bread	Cheese and Tomato Whirl	Cook's Choice of Potatoes Beans	Pasta Bake	Roast Potatoes Vegetables	Pasta Bake	Bread	Homemade Pizza Margherita (v)	Oven Baked Chips & Garden Peas
	<b>Choice 3</b>	Baked Jacket Potato with a Choice of Filling		Baked Jacket Potato with a Choice of Filling		Sandwiches	Bread	Baked Jacket Potato with a Choice of Filling		Vegetable Fingers	Oven Baked Chips & Garden Peas
	<b>Dessert</b>	Chocolate Crunch and Custard	Yoghurt or Fruit Selection & Organic Milk	Lemon Cookie or Fruit Yoghurt	Fruit Selection & Organic Milk	Paris Slice	Fruit Selection & Organic Milk	Shortbread	Fruit Selection & Organic Milk	Iced Sponge	Fruit Selection & Organic Milk